

Spanish with Señorita Sarah: February 2019

Hola families,

January was a fun (if medical topics can be fun, ha) time with everyone discussion health, the doctor's office, typical minor illnesses, doctor vocabulary, etc. I was genuinely impressed with how much everyone retained of these difficult-to-pronounce words. I sense some bilingual medical workers in our future!

February's unit will focus on Sports, which is always an enjoyable and practical topic. We sing a sports song regularly, but this will be a great way to add to that and work on lots of related activities.

Below are the main words/phrases we covered in January. Have a great *febrero!*

Gracias,

Señorita Sarah

Health—La Salud

Stethoscope – El estetoscopio

(el es-tay-toh-SCOH-peeoh)

Bag – La bolsa (la BOL-sah)

Bandage/Banda-aid – La curita, la tirita

(la koo-REE-tah, la tee-REE-tah)

Thermometer – El termómetro

(el tehr-MOH-may-troh)

Needle – La aguja (la ah-GOO-ha)

Shot – La inyección (la een-yek-seeOHN)

Reflex hammer – El martillo de reflejo

(el mar-TEE-yo day ray-FLAY-hoh)

X-ray – El rayo X, la radiografía

(el rayo ec-ees, la rah-deeoh-grah-FEE-ah)

How do you feel? – ¿Cómo te sientes?

(KOH-mo tay seeEN-tays)

I feel well/good – Me siento bien

(may seeEN-toh beeEN)

I feel bad/I don't feel well – Me siento mal

(may seeEN-toh mahl)

My head hurts – Me duele la cabeza

(may DWAY-lay la kah-BAY-sah)

I have a fever – Tengo fiebre

(TAN-goh fee-A-bray)

I have a cold – Estoy resfriado/a (es-TOY

res-free-AH-doh/dah) [note: there are several ways to say this phrase]

Medicine – La medicina

(la may-dee-SEE-nah)

Tissue/Kleenex – El pañuelo de papel

(el pah-NYWAY-loh day PAH-pel)

Get well soon – Mejórate pronto

(may-HOH-rah-tay PROHN-toh)

I'm sick – Estoy enfermo/a

(es-TOY en-FAIR-moh/mah)

Doctor – El/la médico/a, el/la doctor(a)

(el/la MAY-dee-koh/kah, dohk-TOR)

Nurse – El/la enfermero/a

(el/la en-fay-MAY-roh/rah)

Medical chart – El expediente médico

(may seeEN-toh beeEN)

Book – El libro (el LEE-bro)

Lab coat – La bata de laboratorio

(la BAH-tah day lah-boh-rah-TOH-reeoh)

Scrubs – El uniforme, el pijama sanitario

(el oo-nee-FOR-may,

el pee-HA-mah sah-nee-TAH-reeio)

Surgical glove – El guante quirúrgico

(el GWAN-tay kee-ROOR-hee-koh)

Prescription – La receta (la ray-SAY-tah)